



"SUMMER LAX"

FREE LACROSSE SKILLS SESSIONS

Hight Avenue, Hove



WANT TO LEARN THE AMAZING GAME OF LACROSSE???

COME DOWN TO BRIGHTON LACROSSE CLUB FOR SOME FAST, FUN & **FREE** SKILLS SESSIONS. THEY'RE FOR BOYS AND GIRLS AGED 5 TO 18. BRING A FRIEND, A HAT AND A DRINK. WE'LL SUPPLY EVERYTHING ELSE.

** Suitable sports attire should be worn

SESSIONS HELD ON THURSDAYS-MARCH 7th, MARCH 14th AND MARCH 21st

5.15PM START (for registration) FINISHING BY 6.30PM



Please book your place via our trybooking event
<https://www.trybooking.com/CODRZ>

W: <https://www.brightonlacrosse.com.au>

FB: <https://facebook.com/brightonlacrosseclub>

Contact: **Fiona or Sarah** via juniorlax@brightonlacrosse.com.au