

## "SUMMER LAX"

FREE LACROSSE SKILLS SESSIONS

**Highet Avenue, Hove** 



WANT TO LEARN HOW TO PLAY THE AMAZING GAME OF LACROSSE???

COME DOWN TO BRIGHTON LACROSSE CLUB,

FOR SOME FAST, FUN & FREE SKILLS SESSIONS

IT'S FOR AGES 5 AND UP

BRING A FRIEND, A HAT AND A DRINK WE'LL SUPPLY EVERYTHING ELSE

\*\* Suitable sports attire should be worn

\*Skills for new players and softcrosse games for the experienced (current U11 players & up welcomed)\*



FIRST SESSION IS FEB 27<sup>TH</sup> RUNNING EVERY THURSDAY to 2<sup>nd</sup> APRIL 5.15PM START (for registration) FINISHING 6.30PM



To assist with planning please register your interest and include the # of children attending, age(s) and their lacrosse experience. You can do this via email, text or by PM to our Facebook page (Brighton Lacrosse Club)

**Contact: Tom Emery** 

boys@brightonlacrosse.com.au or 0413 496 691

If you forget to register. All good. Just turn up at any session .

First time players please complete this form at home to save time at your first session http://bit.ly/2ODfJ8g