



positive PARENTING



Take the stress out of parenting

A series of 3 free engaging and informative workshops
for parents with children aged 3 to 12 years

Workshop 1. The Power of Positive Parenting Wednesday 20 February 2019, 6pm - 8

Ensuring a safe engaging environment - Creating a positive, learning environment - Using assertive discipline - Having reasonable expectations - Looking after yourself as a parent

Workshop 2. Raising Confident and Competent Children Wednesday 27 Feb 2019, 6pm - 8

Showing respect to others - Being considerate - Having healthy self-esteem - Having good communication and social skills - Being a good problem solver - Becoming independent

Workshop 3. Raising Resilient Children Wednesday 6 March 2019, 6pm - 8

Recognising and accepting feelings - Building a positive outlook - Developing coping skills - Expressing feelings appropriately - Managing negative feelings - Managing stressful life events

Book
Today!

Where: Ascot Park Primary School – in the library
1-37 Pildappa Ave, Park Holme

Registrations: Email sam.kennedy967@schools.sa.edu.au
or call 8276 3055

** Please arrive 15 minutes earlier for registrations **

Everyone is welcome, however *bookings are essential*

Delivered by the Department for Education's Positive Parenting Team

Happy families. Better relationships. Successful kids.



Government of South Australia
Department for Education

